



TALKING TURKEY

MONTHLY NEWSLETTER OF THE WAGSTAFFE TO KILLCARE COMMUNITY ASSOCIATION INC

No 159 May 2016

**NEXT
WTKCA MEETING
will be the AGM held
on
Monday
May 9 at 7.30 pm
Wagstaffe Hall
followed
by
Monthly meeting!**

MAY AT THE HALL

For bookings call 0459 152 642

*Monday

9.30-11.00 Yoga with Gai 4360 1854

6.00-7.00pm Pilates Michelle
43845005 / Simon 0425 224 532

4.00-5.00pm Pilates with Jo Frize -
Booking and by term 4360 2707

7.15-8.45pm Melissa - Wonder Women
(3rd Monday in May) 0490 503 488

9th May WTKCA AGM at 7.30pm

*Tuesday

9.15 & 11.30 Tai-Chi with
Alain Bianchini 0422 795 365

1.30-4pm Knit 2 Chat 2 Helen
4360 2926 / Robyn 4360 1709

6.30-8.30pm Shower Singers with
Melinda Schneider 0409054433

*Wednesday

10.00-11.00 Meditation (Adults) Col-
lette 0408 612 065

4.00-5.00 Meditation (juniors) Collette
0408 612 065

6.00-7.00 pm Clinical Pilates with Jo
Frize - Booking & by term 4360 2707

4th May @ 7.00- 8.00 pm Labor
Party - Jim MacFadyen - first
Wednesday of the month

*Thursday

9.15-10.15 Clinical Pilates - with Jo
Frize - Booking & by term 4360 2707

2.00-5.00 pm Mahjong 4360 2178

*Friday

9.30-11 Yoga with Laurie Jones 0423
589 877

1.30-4.30pm Old Wags Bridge Group
Ann 4360 1612

SUCCESSFUL HERITAGE WALK LED BY HELEN MONKS

People from near and far walked around Wagstaffe and Pretty Beach on Sunday 24 April, looking at local heritage. The walk was a result of Council and the State's community-based heritage review, resulting in up to 20 new items nominated. The group considered the reactions by current owners: some unaware of the potential for listing, others opposed to listing while some have embraced it.



During the looped walk from Wagstaffe to Pretty Beach School, local history was explained: the Aboriginal occupation by the Garigal people; the early European settlement from the 1820s onwards (sparse, lonely, subsistence-living on acreages) and so by 1899 the Bouddi Peninsula only had 99 people listed in the Census. Wagstaffe Point's subdivision in 1906 was followed by Pretty Beach in 1910, the settlement extended around to Hardys Bay's western creek in 1913 and finally to Hardys Bay in 1916.

Items of historical importance were mentioned: the 1838 liquor licence for premises known as The Sign of the Crooked Billet; a number of existing or former wells; swimmer, mariner and fisher, Turo Downes, remembered as a much-loved Aboriginal resident who passed away in 1942 (he is buried at St Pauls, Kincumber). House names were noted, for their humour e.g. Wobbly, Weona, Linga Longa, The Gunyah, WigWam or connections to "the old country" e.g. Yarmouth, Glenorie, Bernborough or physical descriptions e.g. The Nook, Gumtip, Ferndale, Mossy Camp.

Heritage home owners described their conservation efforts and family histories in the area over morning tea at Turo Park. The change from boat-only access to vehicles occurred slowly between the 1930s and 1950s, accelerating only during the 1960s when sand mining companies, working Tallow and Putty (Killcare) Beaches, sealed The Scenic Road in order to reach their processing plant at Kincumber.

The Bouddi Peninsula's suburbs remain characterised by informality, friendliness, mutual support, community-based activities of many types, memories of fishing for dinner and simple living, multi-generational home ownership and an appreciation of the natural beauty of both the ridge of Bouddi National Park and Brisbane Water itself. Walkers made two suggestions: that there be a similar walk at Hardys Bay and another at Wagstaffe/Pretty Beach perhaps in a couple of years.

Helen Monks



NEW WOMEN'S PILATES COURSE AT WAGSTAFFE HALL

Melissa Wright is the owner of Central Point Pilates. The realisation that she wanted to be involved with pilates began while living in London as a ballet dancer and she experienced lower back problems. The changes that the techniques brought to her body while attending regular Pilates sessions was something that she had never experienced before with other treatments. Melissa found that Pilates just "made sense" in her body and so she set a course aimed at sharing the techniques with others. In 2013 Melissa hosted her first luxury Pilates retreat at Bells at Killcare and is expanding across Australia and overseas. Melissa now lives on the Central Coast and is passionate about living a healthy, balanced lifestyle and has seen how Pilates, meditation and healthy eating can influence changes in the body and general wellbeing. 'Wonder Women' is a monthly workshop being run for women on the 3rd Monday at Wagstaffe Hall from 7.15-8.45pm, where you can learn short daily self care routines that will help you feel like the wonder woman you really are- a little bit of daily self care goes a long way! Bookings are essential.

Contact Melissa 0490 503 488 or email info@centralpointpilates.com

Pretty Beach Bushcare

This is a small friendly group who meet weekly to pull weeds and plant native tube stock. The group meets at the boat ramp end of the Pretty Beach Dog Track every Monday afternoon from 2:00pm to 4:00pm. New members are very welcome. We cater for all levels of fitness. For more information contact:

Gosford Council's Bushcare
Officer on 4325 8222

or

Robyn Warburton on
0416 069 311

Saturday Weed Busting Morning

Do you love to walk or cycle on the Dog Track, like to see the weeds eradicated and the bush regenerate but can't commit to helping on Monday?

Come along to a special Saturday morning weeding event on **14 May at 8:30am to 10:30am**. Learn about native plants and how to rid the site and your garden of weeds.

Please call Robyn on 0416 069 311

ANZAC DAY AT HARDYS BAY CLUB



Once again, the ANZAC Day ceremony at Hardys Bay Club was a wonderfully touching event. The sky was blue and the sun shone. Pastor Stephen Hinks was the MC who introduced the participants who came together to provide a lovely service. The Pretty Beach School captains, Gabe Scott and Owen Bradstreet spoke eloquently from their young point of view. Bush-poet, Vic Jefferies, recited his moving poem about missing a march in Sydney, Peter Thompson sang *And the Band Played Waltzing Matilda* and Norm Pringle read *The Ode*, all affecting the group gathered for the morning's proceedings. All in all it was an event, honouring those who served our country, that was much appreciated by the community.

NOTICE OF AGM

Notice is hereby given for the Annual General Meeting of the WTKCA to be held Monday 9 May at 7.30pm.

All committee positions will be declared vacant at the meeting and the Secretary will accept nominations (with a second and agreement of the person nominated) for any vacant position, either before the meeting or at the meeting itself.

Members please join us for the meeting and give us your ideas on how we might further benefit our community. We look forward to seeing you there.

OUR COLLEEN TURNING NINETY

A dear friend of many local people, Colleen Smith, will turn 90 on 12 May. She would love to hear from you.

She very much enjoys reading cards and letters & looking at photos. Large print is really helpful!

Colleen's address:

Saint Joseph's Retirement Community
240 Maitland Road, SANDGATE NSW 2304



UPDATE: OUTDOOR FITNESS EQUIPMENT PROPOSAL

Details of this proposal and illustrations of typical equipment were advertised in December Talking Turkey. This project, as presented, attracted significant opposition from a group of concerned residents in adjacent properties. We met with this group and it became clear that the principal concern was the perceived 'ugliness' of the equipment.

As we assured those present, the Association has no wish to divide the community, and there was further discussion on the proposal at the last community meeting.

Therefore, in order to allay these concerns, we have suggested to Council that it support suitable plantings that will screen the equipment from the view of nearby properties. Turo Park has been suggested as an alternate site. However, we are of the opinion that:

- ♦ the park is already quite 'busy';
- ♦ open, uncluttered, space is required for children; and
- ♦ the area near the tennis courts experiences flooding at times, making it unsuitable.

Further consideration will be taking place, and we'll keep you posted.

Peta Colebatch

CARDIOPULMONARY RESUSCITATION COURSE ON OFFER

Killy Cares is offering a community-based half-day Cardiopulmonary Resuscitation (CPR) training course - "Provide CPR" - to be held at the Hardys Bay Community Church from 9:00am-1:00pm on Wednesday 25 May 2016. The course will be conducted by St John and a 'Statement of Attainment' will be issued to participants at the successful completion of the course. It is fully subsidised by Killy Cares. The maximum number of participants is 18.

Please avail yourself of this opportunity to learn how to revive someone requiring CPR, and how to use an Automated External Defibrillator (AED). Two AEDs are already located in our local community for emergency use.

Register your interest via killycares@gmail.com or call Jenni Bouchier on 0411 198 483 by 29 April 2016. It may be of interest (to readers) that in Seattle, which has had community based CPR training programs in place for some time, the cardiac survival rate is 62% compared to 9% in Australia. Check out <http://www.takeheartaustralia.com.au>

Thank you for your support of Killy Cares.

Jenni Bouchier

HORIZONS at KILLCARE GALLERY of ART

The fourth exhibition in the gallery is now underway and we are privileged to have the following artists join our ranks - Marijke Greenway, Glenn Doyle, Helen Mortimer, Jean Scott, Carolyn Griffiths, and Max Streeter.



Their magnificent works are supplemented by new and similarly impressive exhibits from Karen Bloomfield, David Charles, Camelle Deny, Margaret Fortey, Cheryl Bruce, Meg Lewer, Dale Montgomery and Brendon and Jude Weston.

As you can see we have a wonderful selection of local artists and over 100 works on display in a great range of prices, perfect for that special gift or to add to your collection. The gallery is open every Thursday, Friday, Sunday and Monday, and some Saturday's (enquire 0427 499 861), right on the beach at the end of Beach Drive, Killcare Beach.

Brendon Weston



HARDY'S BAY CLUB MAY 2016

Sunday 1 May 2pm: Jam led by Top Cat

Sunday 8th May: Mother's Day
Lunch & jam led by the Central Coast Blues Society

Saturday 14th May 7.30pm:
Chelsea Basham

Sunday 15th May 2pm: Jam led by Boudi Blondes

Saturday 21st May 7.30pm:
Mothership

Sunday 22nd May 2pm: Jam led by Stompbox Shane

Saturday 28th May 7.30pm: Big Yellow Moon Band

Sunday 29th May 2pm: Jam led by Olsen & Aubrey

WTKCA CONTACTS

President:

Peta Colebatch

Vice President:

Bill Gregor

Secretary:

Ian Bull - 4360 2945
sec@wagstaffetokillcare.org.au

Treasurer:

Brent Walker

Membership Secretary:

Bruce Fraser

Hall Bookings:

Helen Ferguson 0459 152 642

Public Officer:

Fay Gunther

Newsletter:

Helen Ferguson -

tt@wagstaffetokillcare.org.au

(Please note: **PDFs not accepted**)

Webmaster:

Vanessa Simpson

www.wagstaffetokillcare.org.au

Pretty Beach Markets

Sun 12 June 2016

MOBILE LIBRARY

The Gosford City Library's Mobile Library Van visits Wagstaffe fortnightly on Wednesdays!

How to remember which day?

It follows 'green bin collection' Monday!

May 4 & 18 June 1-15-29

The van parks adjacent to Wagstaffe Hall at the bus stop!

Sunday 8th May Mother's Day

Join us for a three-course Mother's Day lunch

Free bubbly for every mum

\$65*
\$15 per child

After lunch, enjoy live blues on the deck

Book your table today:
(02) 4360 2014
bistro14@hardysbayclub.com.au



MAY EVENTS at HBCC

* **Sunday 8th Mother's Day Service at 9.30am**

* **Cancer Council Morning Tea Friday 13th 10am-12noon**

* **Friday Friendship every week from 10.30-12noon**

* **Sunday series on "A journey of loyalty, kindness & caring commitment"**

For enquiries, hall hire and pastoral support, phone church office: 4360 1293

Pastor: Dr Stephen Hinks

CANCER COUNCIL MORNING TEA

Australia's Biggest Morning Tea is on again. Last year it raised \$11.9 million to help beat cancer. Our community is doing our bit again this year - Friday 13 May, 10am-12noon, hosted by Hardys Bay Community Church. Drop in for a cuppa and scrumptious food, and contribute to our nation's biggest and most popular fundraising event!

The Association has a proud history of promoting everything good about the unique character of the Boudi Peninsula - the environment, the village character and the sense of community. Please consider joining us by completing the form below. **(Note: Current Members will be advised when renewals are due).** **Form is for New Members only:** By signing this form you agree to uphold the Association's Aims and Objectives [find at www.wagstaffetokillcare.org.au or mail WTKCA for a copy or further information] **(1) Complete** this form **(2) Enclose** payment of \$5 [includes joining fee] **(3) List** your details in space provided **(4) Sign** this form and return to **WTKCA Membership Secretary, PO Box 4069 WAGSTAFFE NSW 2257.**

FULL NAME of new member [use BLOCK letters].....
Mailing address.....

Email address.....

Phone/s.....Signed.....