



TALKING TURKEY

MONTHLY NEWSLETTER OF THE WAGSTAFFE TO KILLCARE COMMUNITY ASSOCIATION INC

No 178 February 2018

**NEXT
WTKCA MEETING
Monday
February 12, at
Wagstaffe Hall
Meeting followed by
supper
All Welcome!**

AUSTRALIA DAY 2018

Well, we survived! It has been a tricky process and stressful too, organising Australia Day this year, the year that the new enlarged Central Coast Council decided that it would no longer support us. Fair enough, you say. But what was not fair was the increased bureaucracy: the increased charges for doing what we've always done, the suitability of the security barriers, the height of a stage, the risk management plan, the environmental plan, the Square closure, the unhelpful Council website, the non-acceptance of required documents unless you pay first!! And the crowning glory of course was the bill we received for 'rent' for the Square!!!



This year we recognised Australia Day in a very local and community manner. The Pretty Beach School captains, Neilla Bradstreet and Harry Wyer, ably raised the flags. Zena Ross and Lucy Musgrave provided our Acknowledgement of Country, supported by Jody Deamer, while Graeme Blundell cast his magical MC powers over the shortened event, while speakers and singers negotiated the 'stage' perfected by Ken Tough and his helpers. The superb Coast Opera Australia singers, marshalled by Angela Brewer, donated their time and skills to bring joyful music to our area. We appreciated Angela's support for this Australia Day, and the contribution of her emerging artists: Adam Jansen, Vivian Calwell, and Mele Kaufusi. Ken Tough beguiled us again with his poetry rendition and Terry Baker provided a real community touch, telling how he came to live in this neck of the woods. And then of course, we had the stirring and emotional rendition of the great song, *We are Australian*, led by Angela, who got us all to our feet joining in. So it was a great day for community, local spirit, cooperation and all working together to bring about this Recognition of Australia Day.

Thank you to all the community and helpers (many new faces) who rallied round this year. And huge thanks to Michael Allsop, our organiser, whom I threw into the fray, on this, his first year in the area, and thanks too, to our long suffering catering supremo, Fay Gunther! Our grateful thanks also to the anonymous community-minded benefactor whose offer to pay for the breakfast was timely when we were working through the tricky policy issues of the appropriateness of continuing to provide a free breakfast. WTKCA paid for the balance of the food and the many other expenses. So as a result, the money raised on the day (over \$1600) went to the Firies, who do such a fabulous job all during the year as well as on Australia Day. So thank you to everyone who donated.

We will now reflect on all the comments so many of you made, saying that this was the best Australia Day ever, as it had a real community feel without the politicians!

Peta Colebatch, President

FEBRUARY at The HALL BOOKINGS — 0490 403 822

*MONDAY

9.30-11.00 Yoga with
Gai 4360 1854
6.00—7.00pm Pilates
Michelle
43845005 / Simon 0425
224 532

*TUESDAY

9.15-10.15 Clinical Pilates
Jo Frize — 4360 2707
11-12.15pm Dru Yoga —
Jacquie 0408 602 669
6.00—7.15pm Iyengar
Yoga 7.30-8.30pm
Beginners with Robyn
0449 164 769

*WEDNESDAY

9.30 — 10.30am
Hatha Yoga —
Rose 0422 966 566 -
Beginners welcome
6.00-7.00 pm Clinical
Pilates with Jo Frize
Booking/term 4360

*THURSDAY

9.15-10.15 Clinical
Pilates — with Jo Frize —
booking/term 4360 2707
2.00-5.00 pm Mahjong -
Heather 4360 2178

*FRIDAY

9.30-11.am Yoga with
Laurie Jones 0423 589 877
1.30-4.30pm Old Wags
Bridge Group Ann 4368
2003



Jazz Picnic @ Wagstaffe

Following on from our very successful Recognition of Australia Day event, the Jazz Picnic was held on 27th January during the late afternoon and evening at Wagstaffe Hall. Some 18 members of the U-Bouddi Big Band from MacMasters Beach performed for around 100 picnickers who enjoyed the program on offer immensely. The function was yet another very successful Australia Day function held by the Wagstaffe to Killcare Community Association under the guidance of Mike Allsop.

WTKCA



IMOGEN SAGE - to be congratulated on her success



Readers will remember that in 2012, local girl Imogen Sage, was accepted into the London School of Speech and Drama, the first Australian to be accepted by this prestigious organisation. The Bouddi Society held a fundraiser for her (to which WTKCA contributed) and the subsequent establishment of the Bouddi Foundation for the Arts (Imogen was the catalyst and first recipient) has continued to support her during her course and beyond. Imogen always wanted to be an actor and during her years at Pretty Beach Public School she loved dressing up and performing in school plays and the musicals. See her here with friends.

Imogen has had great success since completing her course, including being Mrs de Winter in *Rebecca* in London and throughout the UK. She has gained a very special visa and before she returns to London, she made a flying visit to Pretty Beach to meet up with members of the Bouddi Society committee, at Graeme Anderson's house.



BOUDDI GALLERY TURNS 10



At 5pm on Australia Day 2018, Bouddi Gallery celebrated its 10th anniversary. In a gesture of respect and acknowledgement, *Girri Girri*, a group of local Indigenous performers and educators, were invited to conduct a smoking ceremony and much to the delight of the audience, performed a variety of songs and dances for us.

As well, Bouddi Gallery hosted a meet-the-artist inaugural exhibition of local Indigenous wood-working artist, Tim Selwyn. Tim's beautiful shields, ceremonial, music and digging sticks, nula nula and yidaki, represent both traditional and modern story telling unique to Tim and his family.

Another important cultural exchange – a wonderful way to celebrate turning 10.



PAVING under TABLES in MULHALL STREET RESERVE

We have praised the efforts of Terry Baker and the community carvers for the wonderful provision of tables on the grass behind the hall. (Would you believe that 23 people sat at the new table recently?) The job needed to be finished.

This is where Ken Tough and Julie Ho stepped in.

Many days of their backbreaking work have seen the areas under the tables paved, the grass restored and the area wonderfully improved! WTKCA provided the materials.

The volunteers in our community are treasures, indeed.

Thanks to our volunteer workers, Ken and Julie!

FITNESS EQUIPMENT AT THE BEACH

The second set of Bouddi fitness equipment fully financed by the Wagstaffe to Killcare Community Association has been installed at the Surf Club. The total cost of \$54,000 for equipment installed last year at Turo Park and now at the Surf Club has been covered by WTKCA reserves built up over many years and is additional to the WTKCA \$50,000 Turo Park landscaping project started in 2015 and still progressing in co-operation with Council.

Considerable investigation into the fitness towers was required to assure ourselves that the marine grade version selected, with fully sealed stainless bearings and shafts plus hot-dip galvanising of the structures, would ensure a good life in the adverse sea spray conditions near salt water.

The new Surf Club tower includes the three best fitness testers, and will be popular for all, including seniors, who will no longer have to drive long distances for a workout.



The Association is pleased to provide this sort of facility for community use.

TWO MORE GOOD WTKCA STORIES

Turo Park Extension



BEFORE



AFTER

The Bushcarers working at Turo Park Extension are pleased with their achievement: the removal of horrible paspalum, replaced with native plants supplied by the Association. We still have the footbridge, landscaping, sculpture and bridge painting to go.



The Circle in the Square

Bushcare was needed in the circular garden in Wagstaffe Square too. Volunteers attacked the dreaded pennywort which had made its comfortable home there. Perseverance was needed to remove every bit but vigilance into the future is needed. The Association funded the purchase of more native plants to add to those that were recovered. The plants like the hot weather and regular watering and are progressing well.



YOGA

YOGA

YOGA

YOGA

YOGA

Yes, there will be five different Yoga classes at Wagstaffe Hall this coming year. There is a range of experienced teachers in the area who conduct different levels and styles. See the program on Page 1 of Talking Turkey for available classes Try out a session and feel alive, strong and inspired!

YOGA - IT'S NEVER TOO LATE TO TRY!

Feeling a bit stiff and sluggish since the Christmas season? You might just need a good therapeutic stretch.

Rose Mascaro is a Yoga and English teacher from Perth, new to the Hardys Bay area. While studying her Masters in Writing, she is also keen to meet more people in the local area and share what has significantly changed her life, physically, emotionally and spiritually.

Rose says, "There's a lot of evidence to show that something like yoga can boost the comfort and movement in joints that we thought would never be quite the same. Through safe movements, it 'oils' the joints and can help arthritic conditions if tackled early and regularly. It has also helped me achieve my goals, as I feel more centred and motivated these days. It's also the perfect way to make friends."

Rose conducts a Level 1 Hatha Yoga class on Wednesdays at Wagstaffe Hall, 9.30-10.30 am - \$15, Mats and props provided. It's suitable for all ages and **ideal for beginners**. She especially encourages males to give it a go. "Men are always saying they're not flexible enough to go to yoga, but that's the whole point!" Or try the "fun" class Saturday mornings, 8am Hardys Bay, near the boats near Stanley Street. Cost \$5. BYO mat, or use the grass.

Alternatively, if you have a private class or small group in mind, don't hesitate to contact Rose on 0422 966 566.

YOGA with GAI on MONDAY at 9.30 am

Gai Davies has taught Yoga at Wagstaffe Hall since the 1970s (see photo below). Her class is very popular and she is considered an excellent teacher by her loyal clients. **Contact Gai: 4360 1854**



MOVE YOUR BODY ; FREE YOUR MIND

Jacquie Dawson invites new and continuing students to join her in Movement and Mindfulness at Wagstaffe Hall on Tuesdays at 11.00, resuming on 30th January.

The class is designed for people of all ages and fitness levels, aimed at enhancing positive health and well-being. Flowing yet powerful, Dru yoga sequences build strength and flexibility from the inside out, toning muscles, improving core stability and postural alignment whilst easing back-pain. Deep relaxation and simple mindfulness practices alleviate stress and anxiety, replacing them with feelings of calmness and clarity.

Term 1 class dates are 30th January, 6th February, 13th February, 2 weeks break, 6th March, 13th March, 20th March, 27th March, Easter break, 10th April, 17th April.

Please contact Jacquie on 0408602669 for further details

IYENGAR YOGA for BEGINNERS



Robyn Pearson is offering a course, which is ideal for beginners, from January 30 to February 27th, on Tuesdays from 7.30 pm to 8.30 pm at Wagstaffe Hall.

More details? Phone Robyn on 0449 164 769

YOGA with LAURIE ON FRIDAY MORNING at 9.30

Come along and enjoy a traditional yoga class which you will find energising, relaxing and restoring.

Yoga poses and techniques have been used for centuries as a way to achieve optimal health and well-being—physical and mental well-being.

Yoga comprises a series of physical poses, called asanas, designed to cleanse the body and mind, as well as strengthen and build muscle.

You can speak to Laurie at 0423 589 877



Recycling Initiative

Killcare Surf Lifesaving Club has signed up to be a collection point for plastic bottles and aluminium cans. We have around 200 collection bags that residents can use to collect their cans & bottles. Drop the bag back to the surf club and we will arrange for them to be collected by **environbank**. For each eligible can or bottle the club will receive the 10c refund as a donation.

If anyone would like more information or would like a bag they can contact me on 0412 303 515 or on this email address sc0tt.v3rn0n@gmail.com

Scott Vernon

Club Captain Killcare SLSC

Someone suddenly in need of care?

Our local charity Killy Cares is currently assisting some individuals and couples who are experiencing tough times. We are able to help residents in our local community because we have generous donors and willing volunteer members of Killy Cares.

If you have a neighbour or know someone who has a sudden need for care, and they have no local family to support them, please contact Killy Cares for assistance. Generally, people in need find it hard to ask for help, so as a community we need to look out for and look after each other. Meals are available, as well as help with visiting, transport and other support. The quickest way to contact Killy Cares is to phone our Volunteers Coordinator, Elizabeth Reynolds on 0411 389 600, or the President, Stephen Hinks, on 0439 744 657.

For information, contact details if you know someone in need, and to join our team of volunteers:

www.killycares.org

Pourquoi le français? Why French?

Bonjour à tous! Hello, everyone!

Whether you are a discerning first-timer or someone refreshing and updating your French of yesteryear, there are a number of personal and practical benefits to learning a second language: the discovery (or rediscovery) of the sheer beauty of the French language; the pleasure of engaging in an activity that stimulates and exercises the brain; the rewards for those motivated by travel overseas, where the ability to speak French adds a special and enjoyable dimension and elicits a warm response from locals!

Whatever the personal objective, learning a second language provides the opportunity to engage in an enjoyable and practical activity with new friends and like-minded people ... and **have fun**! If you would like to know more about French classes in Killcare, do not hesitate to contact me on (02) 4360 2371 or

gaybird@optusnet.com.au.

Gay Bird

The Unfriendly 2m High x 150m Colorbond Fence that Greets entry to Bouddi Peninsula



In the December TT we made a plea to safeguard the character and beauty of this area. However, the battles continue. In September we wrote to Council expressing concern about this Wards Hill Road fence which we believe contravenes Council and State rules governing fences on road boundaries. In October we wrote to the Mayor raising concerns about the application of community standards. In December Council's Development Control Officer advised "Council will write to the owners to direct them to remove the fence". But now a Building Certificate is being sought, to in effect 'bless' the fence and retrospectively make it legitimate. Such action would in our view subvert the planning process as no DA was ever sought for this non-compliant fence.

Many of you already have contacted us expressing your opposition to this fence which is in clear breach of the local community character statements. We have written to Councillors to seek their support, and to ask that the matter be brought before Council. And we urge those of you concerned to retain our low impact bush and beach character, to attend the Council meeting when it comes up for discussion.

We'll keep you posted about the date for discussion.

Peta Colebatch

**HARDYS BAY CLUB****FEBRUARY EVENTS
at Hardys Bay Club***Sun 4th, 2–6pm : Blues Jam**Sat 10th, 7.30pm: The Retrospectives**Sun 11th, 3-6pm: Deck Sessions with
The Banddits**Sun 18th, 3-6pm: Jam with Pat and
Ness**Sat 24th, 7.30pm: TC2 (Trent Crawford
Duo)**Sun 25th, 3-6pm: Deck Sessions with
Honey and the Bluestones*

Tickets are now on sale for The
Audreys – Fri 13th April at 8pm.
PreSale \$28, Door Sales \$35.

For more Information or
Media Opportunities
please contact

Loren McHenry, Marketing at

loren@hardysbayclub.com.au

Or check the website:

www.hardysbayclub.com.au

WTKCA CONTACTS**President:***Peta Colebatch***Vice President:***Alex Sharp***Secretary:***Ian Bull - 0419 833 945***sec@wagstaffetokillcare.org.au****Treasurer:***Brent Walker***Membership Secretary:***Bruce Fraser***Hall Bookings: 0490 403 822***hall@wagstaffetokillcare.org.au***Public Officer: Fay Gunther****Newsletter: Robyn Warburton**
*(this month)***tt@wagstaffetokillcare.org.au***(Please note: PDFs not acceptable for
TT)***www.wagstaffetokillcare.org.au****HBCC in February**

Preparations under way for our multi-site,
community Easter Holiday Festival: 30 March
to 2 April

Sunday Series: Conversations about Spiritu-
ality, every Sunday from 9.30am

Sat 17th, 7.30-9am: Prayer breakfast for minis-
try in local schools

Friday 2nd: Friday Friendship from 10.30-
12noon, a cuppa & activities for over 50s

Advanced notice: Sat 3 March, lunch at Putty
Beach

For all enquiries, pastoral care & hall hire,
phone Pastor Stephen Hinks on 0439 744 657

Knit 2 Chat Too

Knitting for **WRAP WITH LOVE** begins
again at Wagstaffe Hall on

Tuesday 13th March 1.30-4, then on the
2nd and 4th Tuesday until November.

We use 8ply yarn, 4mm needles or
crochet hook to make the 28 x25cm
squares in each blanket.

Google Wrap with Love for patterns and
information.

Where in the world did our 32 "Wagstaffe
blankets" end up last year?

Still more are needed so we look forward
again to your company and your busy
hands.

Contact Helen 43602926

MOBILE LIBRARY

The Gosford City Library's Mobile
Library Van visits Wagstaffe
fortnightly on Wednesdays!

This month: February 12 and 26

How to remember which day?
It follows the **YELLOW** bin collec-
tion!

Old Wags Bridge Group

Are you a Bridge Player?

Would you like to play at
Wagstaffe Hall on
Friday afternoon?

1.30-4.30pm

Bridge players are very wel-
come to join the friendly
group who play there weekly.

For more information

Ring Ann – 4368 2003

The Association has a proud history of promoting everything good about the unique character of the Bouddi Peninsula – the environment, the village character and the sense of community. Please consider joining us by completing the form below. **(Note: Current Members will be advised when renewals are due).** **Form is for New Members only:** By signing this form you agree to uphold the Association's Aims and Objectives [find at www.wagstaffetokillcare.org.au or contact WTKCA for a copy or further information].
(1) Complete this form **(2) Enclose** payment of \$5p.p. [includes joining fee] **(3) List** details in spaces provided
(4) Sign this form and return to **WTKCA Membership Secretary, PO Box 4069 WAGSTAFFE NSW 2257.**

FULL NAME of new member /s [use BLOCK letters].....

Mailing address.....

Email address.....