



TALKING TURKEY

MONTHLY NEWSLETTER OF THE WAGSTAFFE TO KILLCARE COMMUNITY ASSOCIATION INC

No 177 December 2017

**NEXT
WTKCA MEETING
Monday
11 December, at
Wagstaffe Hall
Meeting followed by
Christmas Supper
All Welcome!**

**No Meeting in
January**

DECEMBER at WAGSTAFFE HALL

*MONDAY

9.30-11.00 Yoga with Gai 4360 1854

6.00 – 7.00pm Pilates Michelle
43845005 / Simon 0425 224 532

WTKCA Meeting 11 December
7.30 pm

*TUESDAY

9.15-10.15 Clinical Pilates with Jo
Frize – booking/term 4360 2707

11-12.15pm Movement & Mind-
fulness – Jacqui Dawson 0408
602 669

6.00 – 7.15pm Iyengar Yoga –
Robyn 0449164769

*WEDNESDAY

6.00-7.00 pm Clinical Pilates with
Jo Frize – Booking/term 4360 2707

*THURSDAY

9.15-10.15 Clinical Pilates – with
Jo Frize – booking/term 4360 2707

2.00-5.00 pm Mahjong - Heather
4360 2178

*FRIDAY

9.30-11.am Yoga with Laurie
Jones 0423 589 877

1.30-4.30pm Old Wags Bridge
Group Ann 4368 2003

For bookings call 0490 403 822



END OF YEAR MESSAGE....

It seems that the older we get, the faster the year goes, whereas when we were children it seemed to take forever. But one thing remains the same: the goodwill of community volunteers who support so many organisations on this small peninsula of ours, and who do so much to make it such a great place to live. We should never take this for granted however. We should celebrate our good fortune that we live among so many talented and generous people, that we not only have the natural beauties around us, but also that we have so many people who support us in so many ways.

And we've now got a great long table, that can seat at 20 or even more (if they're fit and friendly) on the grass beyond the Hall, the new garden beds, bike racks to support the cyclists, and the fitness equipment around in Turo Park to strengthen our bodies, all enabled by your community funds. And of course, there are all the book clubs, the activities at Wagstaffe Hall and the Surf Club, the complexities of Council, all the artists, writers, musicians, thinkers and more, all designed to challenge our brains and to keep us on our toes. So enjoy the holiday time with your family and friends, and remember that some have had to deal with sadness and loss this year.

We all will have many more challenges to face next year! But in the meantime, thank you to everyone, have a safe healthy and happy Hanukkah, Christmas and New Year, and welcome to all who have chosen to make this country their home.

Peta Colebatch, President



Catching the waves at Killcare



Killy Cares – equipped to care for others

It's been a busy year for Killy Cares looking after local people in need.

Much of what we do is behind the scenes, but last month 19 local people attended another First Aid training session. Held in the community church, excellent training across a wide range of first aid emergencies was provided by the St John organisation. This is the fourth training session sponsored by Killy Cares and free to participants, which a total of 75 local people have now taken advantage of.

Our Killy Cares committee wishes to thank everyone for their support throughout the year, especially looking out for each other when help is needed.

Please email: for information, contact details if you know someone in need, and/or to join our team of volunteers: www.killycares.org

Carols on the Waterfront

'Tis the night before the night before ...

It will be only two sleeps to go till Christmas. Our Community Carols event this year will be held on Saturday 23rd December, on the waterfront at Hardy's Bay.

This is a beautiful setting for such a beautiful event – a time for families and friends to gather together in the spirit of Christmas. The usual musical talent on stage, leading us in a sing-along of favourite carols.

Our local Firies will be cooking the sausages, and parents from Pretty Beach P&C will help sell food, drinks and glowsticks. Santa will be arriving by fire truck – collecting for our usual charity, Coast Shelter. Hosted by our Community Church, this event is a highlight of the year and a great opportunity to come together as a community for Christmas.

Come along and join in: BYO rug, chair, picnic, etc. Music from 6.30pm, Carols from 7.30 to 9pm.

COMMUNITY CONNECT

This is an initiative of the Killcare Surf Life saving Club, to publicise and offer support to local activities.

SLSC president Peter 'Bags' Bagnall is a trained Lifeline counsellor and is at the club every Wednesday at 8pm available to listen, support & offer resources to anyone in the community who is struggling and looking for some support. This is a free service.

A 10 Day Summer Holiday Program will run from Jan 15-25, leading into the Term 1, 2018 timetable. Check the SLSC notice board, Facebook page & website in the new year. Any enquiries and to run a class people can phone Lisa Mount on 0410 412 396 or send an email to cckillcareslsc@gmail.com. The current timetable can always be found at:

www.killcaresurfclub.com.au/communityconnect

EVERYBODY WELCOME! ❤️

ENQUIRIES: LISA 0410 412 396

Community Connect - Spring Program

END DEC 15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 MINDFULNESS with LISA \$12	9:30 PILATES with SARAH \$15	6AM SUNRISE YOGA \$15 with EMILIA	6:15 SUNRISE YOGA \$15 with ROBYN	6:15 SUNRISE YOGA \$15 with DANIE
10:45 ZUMBA with FI \$10	10:45 DANCE \$10 with CONNIE	9:30 WOMEN'S YOGA \$8 with JOANNE	9:30 KUNDALINI YOGA \$15 with HANNAH	9:30 KUNDALINI YOGA \$15 with HANNAH
3:45 BOUNDI KIDS with MEL \$8	6pm BOXING JACQUIN \$18	3:30 CREATIVE WRITING with LOU \$10	3:30 KIDS YOGA \$5 with EMILIA	10:45 YIN YOGA \$15 with DANIE
6pm KUNDALINI YOGA with HANNAH \$15	7:15 DANCE \$15 with EMILIA	6:15pm SALSAL \$10 with KRISTY	15:45 YIN YOGAS \$15 with DANIE	7pm YOGA \$15 with DANIE
7:15 YOGA 4 SUPERS \$15	7:15 YOGA 4 SUPERS \$15	8pm LIFELINE COUNSELLOR AVAILABLE	7pm YOGA \$15 with DANIE	7pm YOGA \$15 with DANIE

fb 2 cckillcareslsc

www.killcaresurfclub.com.au/communityconnect

KILLCARE SLSC 9TH ANNUAL FUNDRAISER

Art by the Sea

December 27 (opening night) to January 7

The Art Show is the main charity fundraising event for the Killcare Surf Club ; the members do an amazing job patrolling our beaches and keeping the public safe.

This year's collection will feature high quality artworks from both renowned local and Sydney artists.

The Art Show is open from 10am—3pm daily during the period, with breakfast and lunch available from Latitude ## and Killcare Beach Kiosk.

We invite you to come along and see our show; join us and support our great Surf Life Saving Club.



FITNESS EQUIPMENT INSTALLED BY WTKCA IN TURO PARK



We are increasingly discovering the effect of exercise on physical and mental health. As research progresses, it is becoming clear that regular exercise can prevent our brains from deteriorating over time. In particular, resistance training, as provided by many fitness stations, can help seniors' ability to maintain healthy bodies and brains, and prevent the physical decline related to age, including dementia, emotional regulation and bone breakages.

It is, then, timely that two fitness stations have now been installed in Turo Park, and there will be another installation at Killcare SLSC.

It all started when two Association members were in Port Macquarie and noticed a fitness park down quite close to the sea. While they were looking at it closely, the Council Parks Engineer came by to inspect an addition nearby and explained that the equipment was Australian made and had been absolutely trouble free. They were putting in three more parks as they were so popular.

The issue was canvassed in the next WTKCA meeting, and one attendee commented, "We have lots of play areas for kids, so now get something for grown ups". It was almost unanimously agreed to investigate, and a provision of \$50,000 was made in WTKCA accounts.

In discussing this with Council, we found that they were importing overseas equipment that had potential maintenance problem if near the sea, as it was really designed for a fresh water environment. Problems had occurred in Council's first fitness parks and some had been closed due to deterioration, so fitness parks were not of high priority. Our local population would not justify the cost, so it had to be fully financed by WTKCA.

After much community consultation, it was decided that Turo Park would be the most appropriate place to set the equipment up. There was a suggestion that large drainage pipes supposedly running under our site selection may cause a problem, but WTKCA cleverly proved that the pipes were not as shown on the park drawings, so Council joined in the proposal enthusiastically. Our preference for the Australian equipment was checked with other Councils who were quite happy with their equipment in the "marine" version as being low maintenance.

WTKCA provided the cost of the installation from funds raised by the Association over the years. It now becomes Council property and CCC will maintain it in the future. The fitness equipment has 6 activities, and the way Seniors use such equipment in other Seniors' fitness areas is for 5 minute bursts on as many items as you feel like on the day. It has been enthusiastically used by all age groups in the park!

Turo Park has become a wonderful place for us all in Bouddi, with a first class Tennis Court, Soccer Net for all ages, Fitness Equipment for the grown ups, and play areas for Children.

Graeme Anderson

HELP KEEP THE BUSHLAND FREE OF INTRODUCED AND DESTRUCTIVE PLANT SPECIES!!

Cotoneaster is a woody weed flowering from September to February. The furry leaves, mid-green and silver underneath, occur in groups of three. The small white densely clustered flowers are highly attractive to bees. The fruit, numerous red and orange berries, make the bush easy to recognise in autumn and winter. The seeds are spread by birds.

It is considered a weed and undesirable because thickets replace native species and shade the soil. Habitat is lost and other weeds invade.

It is best to attack this plant in autumn and winter. Begin by bagging berries (those on the ground too). Place in the green bin. Remove seedlings by hand. Cut stems close to the ground and paint immediately with herbicide. The cut stems will dry out. Maintain what you have achieved. Return to the site to remove germinating seedlings.





JAZZ PICNIC

On 18 November a good size rotating crowd of residents gathered at Wagstaffe Hall and the surrounding area to enjoy the company and sounds of jazz which had been organised by Virginia Henderson, to whom we say thank you for bringing us all together in this way. With the wind waxing and waning, the band and some of the attendees moved into the Hall, while the rest of us sat on the grass and at the two resplendent tables we now have there, thanks to the carvers led by Terry Baker. The table was unveiled, the music started, picnics were eaten, and a large bucket was circulated to help pay for the band. So thanks to everyone for attending, and to Virginia.



A great time was had by all, and luckily for everyone, the rain stayed away. But not the community spirit!!

Left: Picnickers sitting around the magnificent new table, carved by Terry Baker and the Carvers!

Above: The table!



MOBILE BLACK SPOTS

**Extract - Media Release
from the office of Lucy Wicks MP, 23/11/17**

"Minister for Communications, Senator the Hon Mitch Fifield, and Federal Member for Robertson Lucy Wicks MP have today welcomed the commencement of the Coalition's Priority Locations Round of the Mobile Black Spot Program, which will provide new or improved mobile coverage to Killcare and Wendoree Park... The Coalition Government has committed \$60 million ..."

"Minister Fifield opened the priority round today, calling on telecommunication companies to participate in a tender to build new towers and improve coverage in these locations..."

The Coalition Government expects the tender process to be finalised by the end of the year, with the rollout of successful towers to commence early in 2018."

"It's fantastic to see that our communities in Killcare and Wendoree Park are one step closer to receiving new and improved mobile coverage. I call on the telecommunications companies to give us their best tenders to deliver coverage to our area," Mrs Wicks said.

WTKCA thanks Lucy for her efforts in moving this issue a major step closer to resolution and have reminded Lucy's office that we remain confident that 'Killcare' means the whole of the Bouddi Peninsula and that 'towers' means unobtrusive micro towers.

WTKCA

BOUDDI FOUNDATION FOR THE ARTS

Presentation of Grants on November 19

Greig Pickhaver (aka H G Nelson) and James Valentine look as though they enjoyed themselves.

They did, as did the large audience that came to see seventeen young Central Coasties receive grants to help them in their artistic pursuits.

James and Greig entertained the crowd following the presentation.





A PLEA TO SAFEGUARD THE CHARACTER AND BEAUTY OF THIS AREA

Lots of us live surrounded by trees and the beauties of the bush and the beach, and we like it that way. We appreciate the soaring branches of the spotted gums and the profusion of summertime an-gophoras but yes, we recognise too that we live in a bushfire area. So there are some sensible pre-cautions to be taken, but they should not at the expense of the overall reasons why many of us come to this area. While there are many people who carry out great work through bush care, getting rid of noxious weeds and caring for our environment, there are areas where trees have been removed and a hollow sky now greets us rather than a beautiful canopy. And there are others who want to erect solid colorbond fences and other high walls, to keep us out or other things in, but which create a very different feeling to the environment of trust and respect.

Yes, we're all different, and people appreciate different things. But we do want to maintain the her-itage and beauty of this area, to respect our neighbours, and to be helpful and considerate. So please be mindful of the elements which contribute to our scenic quality. These include lack of kerb and guttering, minimal fencing, maximum vegetation cover, and retention of heritage qualities.

These issues have been actively pursued with Council by our Association for many years, resulting in Development Control Plans with clauses specifically to preserve our unique character. So please think about the area and issues of character when you are making changes to your space. Please help us build for the future. We'll all benefit that way.

WTKCA



AUSTRALIA DAY 2018: CHANGES ARE AFOOT !!



The amalgamated Central Coast Council has been making changes in many areas, as some of you may have seen from the article in the

Express Advocate, with the Tuggerah Lakes Show Band being dropped from its 60 year old tradition of playing at Carols by Candlelight in favour of the Council going to tender on this. The Council also now wanted us to fill out grant applications for our traditional event for Australia Day, which similar-ly had started as a local initiative here, and we would no longer have had a guarantee of funding nor of ongoing funding year to year.

As a result, we too are reverting to our original more low key local approach. We're currently work-ing with our volunteers to organise an inclusive, low key, community based recognition of Australia Day to be celebrated on Friday, 26th January, 2018. We hope that we'll have less bureaucracy as a re-sult, but given the absence of Council funding for the breakfast, we'll be taking up a collection to help pay for the breakfast and to go towards one of the rotating group of key organisations (RFS, Surf Club, P.B.P.S P&C), which we support.

As in the past, we'll be kicking off at 8am, in the Square, with the raising of the flags and the Acknowledgement to Country. We're hoping to have a poem by our great resident poet, a song or two, a vote of thanks to our volunteers, and an invitation to the breakfast at possibly 8.30am!! Our volunteers may be asked to get up even earlier to have the cooking done, but we'll get there some-how. So be prepared for change, be supportive and inclusive in this new world of ours, and we'll work it out together.

And there will be more. On Saturday, 27 January at Wagstaffe Hall, from 6 till 9pm, the Big Bouddi Band have volunteered to play for us again, to round out the summer holidays before the working year gets into full swing. So we hope you'll support them, and us, to have these events—mark both dates in your calendar! We look forward to your participation and support for these two local events.

WTKCA

Pretty Beach Community Preschool is finalising enrolments for 2018 and has limited vacancies still available. If you are interested in finding out more, please contact the office on 4360 1355, or visit the preschool website to enrol.

**HARDYS BAY CLUB**

DECEMBER EVENTS at Hardys bBy Club

Sat 2nd, 8pm : Dave Graney(Tickets available at www.oztix.com.au)**Sun 3rd, 2-6pm: Blues Jam****Sat 10th, 2-6pm: Jam with Top Cat****Sat 16th, 7.30pm: Bobbapalooza – Skoolz Out for Summer****Sun 17th, 3-6pm: Deck Sessions – Green Mohair Suits****Sat 23rd, 7.30pm – Null and Void****Sun 24th, 3-6pm: The All In Xmas Jam****Sat 30th, 7.45pm: Big Yellow Moon Band****NYE, Sun 31st, 5.30-12am: The Camrys + DJ Daddy Long Legs/ DJ's Rusty and Boonge***For more information or Media opportunities, please contact**Loren McHenry, Marketing at**loren@hardysbayclub.com.au**Or check the website:**www.hardysbayclub.com.au***WTKCA CONTACTS****President:***Peta Colebatch***Vice President:***Alex Sharp***Secretary:***Ian Bull - 0419 833 945***sec@wagstaffetokillcare.org.au****Treasurer:***Brent Walker***Membership Secretary:***Bruce Fraser***Hall Bookings: 0490 403 822***hall@wagstaffetokillcare.org.au***Public Officer: Fay Gunther****Newsletter: Alex Sharp****tt@wagstaffetokillcare.org.au**(Please note: **PDFs not acceptable for TT**)**www.wagstaffetokillcare.org.au****HARDYS BAY ART SPACE**

Excellent news!, the recent sale of the Hardy's Bay Club has meant an uncertain future for our Art Space but we are pleased to announce that we have come to an agreement with the board of directors that enables us to continue exhibiting local Art.

We now have a specially dedicated venue with excellent lighting, staff to assist and a friendly atmosphere with outdoor space, entertainment, restaurant and beverages.

We are at this time pleased to continue exhibiting the wonderful work of our very successful local artist, Meg Lewer, the timber sculptures of Colin Tapping and the photography of both Dale Montgomery and our own FineArt Photography Australia.

Brendon and Jude Weston**December at HBCC**

Saturday 2 December – Neighbourhood drinks, on the grass in front of and opposite HBCC, 5 – 7pm

Sunday 17 December – Service of Readings and Carols, 9.30am

Saturday 23 December – our community gathers for Carols on the Waterfront at Hardys Bay, 7.30pm

Sunday 24 December – Christmas Eve Service, 9.30am

Monday 25 December – Christmas Day Service – 9.00am

Mid-week activities resume in February.

For pastoral care, Hall hire and enquiries, phone Pastor Stephen Hinks, on 0439 744 657

**MOBILE LIBRARY**

The Gosford City Library's Mobile Library Van visits Wagstaffe fortnightly on Wednesdays!

This month: December 6 and 20

How to remember which day? It follows the YELLOW bin collection!

The Association has a proud history of promoting everything good about the unique character of the Bouddi Peninsula – the environment, the village character and the sense of community. Please consider joining us by completing the form below. (**Note: Current Members will be advised when renewals are due**). **Form is for New Members only:** By signing this form you agree to uphold the Association's Aims and Objectives [find at www.wagstaffetokillcare.org.au or contact WTKCA for a copy or further information].

(1) Complete this form (2) Enclose payment of \$5p.p. [includes joining fee] (3) List details in spaces provided (4) Sign this form and return to WTKCA Membership Secretary, PO Box 4069 WAGSTAFFE NSW 2257.

FULL NAME of new member/s [use BLOCK letters].....

Local & Mailing addresses:.....

Email address:

Phone/s:.....

Signed:.....