



# TALKING TURKEY

MONTHLY NEWSLETTER OF THE WAGSTAFFE TO KILLCARE COMMUNITY ASSOCIATION INC

No 181 May 2018

**NEXT  
WTKCA MEETING &  
ANNUAL GENERAL  
MEETING,  
Monday  
May 14, at  
Wagstaffe Hall  
Meeting followed by  
supper  
All Welcome!**

## MAY AT WAGSTAFFE HALL

### \*MONDAY

9.30-11.00 Yoga — Gai 4360 1854  
6.00 — 7.00pm Pilates Michelle  
43845005 / Simon 0425 224 532  
WTKCA AGM 14 May, 7.30 pm

### \*TUESDAY

9.15-10.15 Clinical Pilates with  
Jo Frize — booking/term  
4360 2707

11.15 — 12.15pm Movement &  
Mindfulness — Jacqui Dawson  
0408 602 669

1.30-4pm Knit 2 Chat 2 - 2nd &  
4th Tuesdays Helen 4360 2926

6.00 — 7.15pm Iyengar Yoga:  
Robyn 0449164769

### \*WEDNESDAY

9.30-10.30 Hatha Yoga with Rose  
0422966566

6.00-7.00 pm Clinical Pilates  
with Jo Frize — Booking/term  
4360 2707

### \*THURSDAY

9.15-10.15 Clinical Pilates — with  
Jo Frize — booking/term 4360  
2707

2.00-5.00 pm Mahjong -  
Heather 4360 2178

### \*FRIDAY

9.30-11 Yoga with Laurie Jones  
0423 589 877

1.30-4.30pm Old Wags Bridge  
Group Ann 4368 2003

For bookings call 0490 403 822

## MARINE RESCUE CENTRAL COAST

Marine Rescue thanks the people of Killcare -Wagstaffe who showed interest in our work at the Easter Holiday Festival.

The Volunteers of Marine Rescue Central Coast provide a SOLAS (Safety of Life at Sea) service to the mariners in our area from Norah Head to Broken Bay and Brisbane Waters from our bases at Point Clare and Terrigal Haven. We operate



seven Rescue Vessels and the Radio Room. We cooperate with neighbouring Marine Rescue bases and the water police.

During weekends and public holidays the bases and boats are normally manned 12 hours each day. The radio room receives calls for assistance either by radio or increasingly by mobile phone. Mariners are encouraged to log-on

with the base when they set sail with the essential safety information — where they are going and what time they expect to return. If they fail to log off in time we are then able to initiate steps to ensure they get home safely. Our regular mariners pre register their details in our radio club and just inform us details of the impending trip.

Our radio room is manned 12 hours every day with three 4 hour shifts. At night all calls are handled on our behalf by Marine Rescue Sydney. In the event of a central coast incident we have boat and radio room crew on call 24-7. MRCC volunteers are divided into 4 watches who take responsibility for total operations 1 week in 4. During the week the radio room is staffed on a separate roster.



Whilst keeping our skills up to enable us to respond to MAYDAY calls in a variety of sea and weather conditions, much of our actual work is assisting recreational vessels that have broken down. Often we tow boats from Broken Bay to Pretty Beach and Hardys Bay, such as the 40ft, cruiser being towed off the sandbank at Lobster Beach in this photo. Unlike volunteers in other emergency services we have to raise funds to meet our operating costs of fuelling the boats and maintenance of all our vessels and bases. Whilst we are fortunate to have some corporate sponsors we heavily rely on the general public for financial support to enable MRCC to provide SOLAS and general assistance to our central coast boating community.

See our website: [vmrcc.org.au](http://vmrcc.org.au) for information on public marine training courses offered and lots more.



The Bouddi Society brings you an **ART SHOW** featuring the work of  
**LOCAL ARTISTS**

on Saturday & Sunday of the **June Long Weekend** at Wagstaffe Hall

**"BOUDDI: The POWER of PLACE"**

Entry: Gold Coin Donation / Raffle with good prizes drawn 3pm Sunday

**CANCER COUNCIL AUSTRALIA'S BIGGEST MORNING TEA**

Again this year Hardys Bay Community Church is hosting the Cancer Council's Biggest Morning Tea. Our members will be supplying all the food and drinks and would like to invite community groups and individuals to support this very worthy cause.

This year we are holding it on a Saturday so that our weekend community can join us:

*Saturday, 26th May at 10.30am to 12 noon at the church.*

We will be providing a variety of teas, plunger and instant coffee, iced water, mixed sandwiches, scones, jam and cream and a variety of delicious home made cakes and slices.

Entry is by donation and all proceeds go to the Cancer Council.

We feel privileged to be in such a central location and feel very strongly that this is a very worthwhile community activity. Almost everyone has been touched in some way by cancer.

Come along and bring a friend to beautiful Hardys Bay; we would be delighted to see you. **Angela Glover – 0419 122 078**



**FRIGID  
DIGITS  
TO HOST  
SWIMMING  
CHAMPION-  
SHIPS**

The Killcare Frigid Digits Winter Swimming Club Inc. is hosting the Northern Districts Winter Swimming Championships this year on Sunday 1st July 2018 at the Peninsula Leisure Centre Woy Woy. The clubs competing are coming from Port Macquarie, Forster-Tuncurry, Stockton, Newcastle, Merewether, Dixon Park, The Entrance, Umina and ourselves. It is expected there will be over 200 competitors and supporters in attendance. The Digits have successfully hosted this carnival on 5 previous occasions.

The following local businesses have given generous support for staging the event : Wagstaffe General Store & Newsagency, Yum Yum Eatery, Hardys Bay Bistro, Killcare Marina, The Fat Goose, United Service Station Empire Bay and Empire Bay Cellars.

The Frigid Digits which affiliated with the Winter Swimming Association of Australia in 1976 is a family club with 60 active members comprising male, female adults and kids. Every Sunday from the end of April to the last Sunday in August we swim at Putty Beach Killcare with starting time 9.00 am. Our first swim is on 29th April 2018, this being a Time Trial swim to establish our handicap times for the 30 and 50 metre race events. After the swimming it's up to the BBQ area for hot soup and bacon & egg sandwiches.

New members are always most welcome, it's a little bit of fitness and a lot of fun.

Ron Malcolm President 0401962462  
[ronmalcolm@comcen.com.au](mailto:ronmalcolm@comcen.com.au)



**Office of  
Environment  
& Heritage**



## Wild Dog/Fox 1080 Baiting

The NSW National Parks and Wildlife Service (NPWS) will be undertaking 1080 ground baiting for fox control in Bouddi National Park.

**Baiting will commence on 31 May 2018 and cease by 25 July 2018.**

This baiting program is being carried out as part of a broader coordinated control program to mitigate the impacts of foxes on stock and wildlife. If you would like to become involved in the cooperative program please contact the Hunter Local Land Services on 1300 795 299.

Domestic pets are not permitted in National Parks or Reserves. Neighbours and park users are reminded that 1080 baits are lethal to domestic pets. All areas will have 1080 baiting signs erected at access points to where baiting is being undertaken. In the event of accidental poisoning seek immediate veterinary assistance.

We suggest that working dogs be restrained to ensure that they do not enter the baiting locations during poisoning operations. Alternatively, muzzle dogs if they are required to work near baiting locations during and after the 1080 baiting program.

For further information please contact NPWS at 4320 4200  
Area office on (02) 43204200.

And while we're talking about surfing .....

### **Local Daredevils bare it all for charity!**

Recently, a group of local women, learning that a friend had been diagnosed with breast cancer and faced a double mastectomy, decided to raise awareness of, and finance, for Breast Cancer research, by organising a naked swim in the Putty Beach surf, emulating a group of women in Sydney. Seven stalwarts plunged into the surf, raising over \$250!!

They are intending to do the same next year, so women — keep your ears to the sand...



## TRASH & TREASURE 2018

Once again Trash & Treasure at Wagstaffe Hall was a lively affair with many customers vying for 'bargains'. Thanks go to the people who donated goods, to the many helpers who worked hard to set it up and to our patrons. The event was a success with \$5,450.00 raised.



### MOSQUITO INVASION ON CENTRAL COAST

"Living with Mosquitoes on the Central Coast region of NSW" is a study conducted in 2007, which established that the saltmarsh communities of Empire Bay have the largest populations of larval and adult populations of *Ae Vigilax*. The Council's response seems to have focused on protecting the environment in which mosquitoes breed with little attention or action on minimising mosquitoes to protect residents. As a consequence It is often not possible to enjoy our outdoor areas for several months because personal spraying is not particularly effective. This also negatively impacts on the economic development of the Peninsula.

The Council decided some years ago not to spray in the Empire Bay area, and consequently we have now experienced the worse mosquito outbreak in 20 years. Where routine mosquito control is not considered desirable, there are other options available. However, it would appear that no preventative against disease outbreak or biting minimisation action has been taken in recent years - of increasing concern given the impact of climate change on the area.

Ten years have passed since landmark studies were conducted, yet it appears that little has changed in Council's approach. Council needs to review scientific information and find a better balance between environment and lifestyle living needs: there is a need for site-specific investigation of mosquito communities, so policies for urban development and wetland rehabilitation can be balanced with reduced public health risks; affected communities need to be consulted over these policies; and a budget allocation needs to be made to ensure remedial work is undertaken as soon as possible.

Susan Brooks

0419 295 717 / [mssusanbrooks@gmail.com](mailto:mssusanbrooks@gmail.com)

### ...AND THE NEED TO DEFEND OURSELVES

There are 300 species of mosquito in Australia with 60 species found in the Sydney region. There are two types – freshwater and saltwater. Mosquitoes are very important in both these ecosystems with the larvae and adults being a food source for frogs, fish, birds, other insects such as dragonflies and damselflies, spiders and microbats. They are also important pollinators for plants such as orchids and figs.

Mosquitoes breed in warm weather and can increase in numbers about 10 days after summer rain and king tides. We must appreciate there are periods without the salt marsh mosquito. Mosquitoes breed around houses, laying eggs in freshwater caught in pot plants, dog dishes, buckets and pools. To reduce the breeding, it is important to remove or refresh standing water regularly. Electrocuting light traps don't kill too many mosquitoes. Unlike moths and lots of other insects, mosquitoes aren't attracted to light. They stay away. There is no evidence that sound will protect you from bites so phone apps do not work either. You're probably just annoying your friends!

For the protection of the ecosystem, the decision not to spray is a very sound one so we have to live with the mosquitoes and for our protection we need to guard against bites.

Tips from Sydney University on how to protect yourself from mosquito bites include:

- Use a repellent with DEET or eucalyptus oil

- Wear light coloured clothing

- Be extra vigilant at dusk and dawn

- A moving fan disperses the attracting carbon dioxide we exhale and disrupts flight patterns.

Robyn Warburton et al

0416 069 311 / [robynwarburton@ozemail.com.au](mailto:robynwarburton@ozemail.com.au)



**HARDYS BAY CLUB in MAY****SUNDAY MAY 6TH -**HARDY'S BAY CLUB BLUES JAM - 2PM  
FREE**SATURDAY MAY 12TH -**HONEY & THE BLUESTONES - 7.30PM  
FREE**SUNDAY MAY 13TH -**MOTHERS DAY DECK SESSIONS  
WITH CHARLIE & JENSEN - 2PM FREE**FRIDAY MAY 18TH -**GRANT LEE PHILLIPS (USA) - 7.30PM  
TICKETS -[https://tickets.oztix.com.au/  
Default.aspx?Event=85627](https://tickets.oztix.com.au/Default.aspx?Event=85627)**SATURDAY MAY 19TH -**

TRENT CRAWFORD 2 - 7.30PM FREE

**SUNDAY MAY 20TH -**

JAM W/ TOP CAT - 2PM FREE

**SUNDAY MAY 26TH -**DECK SESSIONS WITH GRETTA  
ZILLER - 2PM FREE

Ticketed shows on sale at

[www.oztix.com.au](http://www.oztix.com.au)Goongs Kitchen open nightly ex-  
cept Wed., 6-9pm; Lunch Sat/Sun,  
12-3pm**MOBILE LIBRARY**The Gosford City Library's Mobile  
Library Van visits Wagstaffe  
fortnightly on Wednesdays!

This month: May 5 and 20

How to remember which day?  
It follows YELLOW bin collection!**WTKCA CONTACTS****President:**

Peta Colebatch

**Vice President:**

Alex Sharp

**Secretary:**

Ian Bull - 0419 833 945

[sec@wagstaffetokillcare.org.au](mailto:sec@wagstaffetokillcare.org.au)**Hall Bookings: 0490 403 822**[hall@wagstaffetokillcare.org.au](mailto:hall@wagstaffetokillcare.org.au)**Newsletter:**[tt@wagstaffetokillcare.org.au](mailto:tt@wagstaffetokillcare.org.au)

(Please note: PDFs not reliable for TT)

[www.wagstaffetokillcare.org.au](http://www.wagstaffetokillcare.org.au)**MOBILE BLACK SPOT COVERAGE**

A media release, featured recently in local papers, from Minister for Regional Communications, Senator Bridget McKenzie, and Federal Member for Robertson Lucy Wicks MP announced the outcomes in Robertson electorate for the Mobile Black Spot Program. Of particular interest to our community:-

*"Killcare is receiving funding for a Telstra macro base station to provide improved coverage to areas of Killcare, Killcare Heights, Hardys Bay and Wagstaffe. Minister for Regional Communications, Bridget McKenzie said construction of the new mobile phone towers will get underway soon."*

We welcome progress with this important issue, tempered however by our concern that the proposed single 'macro' tower not be obtrusive in our special natural landscape. As many of you will know we had made strong representation calling for a number of unobtrusive micro towers rather than a single large tower. The proof will be in the execution and we hope against hope that our fears will prove groundless.

Ian Bull

Sunday 13 - Mother's Day service,  
9.30amOur Sunday series - *Great Women  
of Faith in God*Saturday 26 - **Cancer Council****Morning Tea, 10.30-12noon**—another classic event so come &  
support this important causeFriday Friendship each week from  
10.30-12 noon - a cuppa & activi-  
ties for over 50sThank you to all who donated to  
Coast Shelter during our Easter  
Holiday FestivalFor all enquiries, pastoral care &  
hall hire, phone Pastor, Stephen  
Hinks: 0439 744 657[www.hbcc.com.au](http://www.hbcc.com.au)**Information from Killy Cares**

AGM—14 August, 7.30pm

Annual Fundraising Dinner—20 October, 6.30  
for 7.00pm.Killy Cares is sponsoring another free St John  
CPR-First Aid course to be held on**Wednesday 16 May at HBCC from 9.30am-  
1.00pm.** If you would like to reserve a place  
please contact Killy Cares at[killycares@gmail.com](mailto:killycares@gmail.com) or Jenni Bouchier on  
0411 198 483. Visit [www.killycares.org](http://www.killycares.org)**PLEASE JOIN US**

The Association has a proud history of promoting everything good about the unique character of the Bouddi Peninsula - the environment, the village character and the sense of community. Please consider joining us by completing the form below. **(Note: Current Members will be advised when renewals are due).** **Form is for New Members only:** By signing this form you agree to uphold the Association's Aims and Objectives [find at [www.wagstaffetokillcare.org.au](http://www.wagstaffetokillcare.org.au) or contact WTKCA for a copy or further information]. **(1) Complete** this form **(2) Enclose** payment of \$5p.p. [includes joining fee] **(3) List** details in spaces provided **(4) Sign** this form and return to **WTKCA Membership Secretary, PO Box 4069 WAGSTAFFE NSW 2257.**

FULL NAME of new member /s [use BLOCK letters].....

Mailing address.....

Email address.....

Phone/s.....

Signed.....